

Holy Trinity 10am Parish Eucharist

9th March 2025

The First Sunday Lent

Soul Food:

All the things that nourish us

5pm Service today is Choral Evensong

VOLUNTARY

*During which the following prayer is shown
for some of the time on the screens:*

Let us come together before God, our consoler in distress.
Let us come together before God, our hiding place from troubles.
Let us come together before God, whose love surrounds us.
Let us rejoice in the Lord, our comforter and refuge.

Amen.

THE GATHERING

Informal welcome

PROCESSIONAL HYMN

Let all the world, in every corner sing NEH 394

1 LET all the world in every corner sing,
My God and King!
The heavens are not too high,
His praise may thither fly;
The earth is not too low, His praises there may grow.
Let all the world in every corner sing,
My God and King!

2 Let all the world in every corner sing,
My God and King!
The Church with psalms must shout,
No door can keep them out;

But above all, the heart
Must bear the longest part.
Let all the world in every corner sing,
My God and King!

THE GREETING

President In the name of the Father, and of the Son,
and of the Holy Spirit.

All Amen.

President The Lord be with you.

All And also with you.

President Please be seated.

The President introduces the service and theme

PRAYERS OF PENITENCE

Deacon Jesus, full of the Holy Spirit, returned from the Jordan
and was led by the Spirit into the wilderness, where for
forty days he was tempted by the devil. Let us confess
our sins remembering before God the times when we
have fallen from temptation into sin.

All God of mercy,
we acknowledge that we are all sinners.
We turn from the wrong
that we have thought and said and done,
and are mindful of all that we have failed to do.
For the sake of Jesus, who died for us,
forgive us for all that is past,
and help us to live each day
in the light of Christ our Lord.
Amen.

KYRIE

St Anne's Mass

All Lord, have mercy; Lord, have mercy.
Christ, have mercy; Christ, have mercy.

Lord, have mercy; Lord, have mercy

President May God our Father forgive you your sins +
and bring you to the eternal joy of his kingdom where
dust and ashes have no dominion
through Jesus Christ our Lord.

All **Amen.**

THE COLLECT

President Heavenly Father,
your Son battled with the powers of darkness,
and grew closer to you in the desert:
help us to use these days to grow
in wisdom and prayer
that we may witness to your saving love
in Jesus Christ our Lord.

All **Amen.**

THE LITURGY OF THE WORD

A READING FROM THE BIBLE *Psalm 91: 1-2, 9-16*

Reader This is the word of the Lord.

All **Thanks be to God.**

GRADUAL HYMN

Forty days and forty nights NEH 67

1 Forty days and forty nights
Thou wast fasting in the wild,
Forty days and forty nights
Tempted and yet undefiled.

2 Sunbeams scorching all the day,
Chilly dewdrops nightly shed,
Prowling beasts about thy way,

Stones thy pillow, earth thy bed.

3 Let us thine endurance share,
And awhile from joys abstain,
With thee watching unto prayer,
Strong with thee to suffer pain.

4 And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.

5 So shall we have peace divine,
Holier gladness ours shall be,
Round us too shall angels shine,
Such as ministered to thee.

6 Keep, O keep us, Saviour dear,
Ever constant by thy side,
That with thee we may appear
At the eternal Eastertide.

GOSPEL READING *Luke 4.9–13*

Deacon The Lord be with you
All **And also with you.**

Deacon Hear the Gospel of our Lord Jesus Christ
 according to Luke.
All **Glory to you, O Lord.**

Deacon This is the Gospel of the Lord.
All **Praise to you, O Christ.**

SERMON Phil Harper

THE CREED

President Let us affirm our faith in Jesus Christ the Son of God.

All **Though he was divine,
he did not cling to equality with God,
but made himself nothing.
Taking the form of a slave,
he was born in human likeness.
He humbled himself and was obedient to death,
even the death of the cross.**

**Therefore God has raised him on high,
and given him the name above every name:
that at the name of Jesus
every knee should bow,
and every voice proclaim that Jesus Christ is Lord,
to the glory of God the Father.
Amen.**

Philippians 2.6-11

PRAYERS OF INTERCESSION

After each section, the following response is used:

All **Lord in your mercy,
hear our prayer.**

The prayers conclude with the following:

Intercessor **Ever-faithful God, you hear the prayers of those who
turn to you in faith and trust: hear these our prayers that
our Lenten journey may bring us closer to you and each
other. We ask this through Jesus Christ our Lord.**

All **Amen.**

THE LITURGY OF THE SACRAMENT

THE PEACE

The President introduces the Peace and says

President **Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.**

President The peace of the Lord be always with you.
All **And also with you.**

Deacon Let us offer one another a sign of Christ's peace.

PREPARATION OF THE TABLE

OFFERTORY HYMN

Lord of all hopefulness HON 413

1 Lord of all hopefulness, Lord of all joy
Whose trust, ever child-like, no cares can destroy,
Be there at our waking, and give us, we pray,
Your bliss in our hearts, Lord, at the break of the day.

2 Lord of all eagerness, Lord of all faith,
Whose strong hands were skilled at the plane and the lathe,
Be there at our labours, and give us, we pray,
Your strength in our hearts, Lord, at the noon of the day.

3 Lord of all kindness, Lord of all grace,
Your hands swift to welcome, your arms to embrace,
Be there at our homing, and give us, we pray,
Your love in our hearts, Lord, at the eve of the day.

4 Lord of all gentleness, Lord of all calm,
Whose voice is contentment, whose presence is balm,
Be there at our sleeping, and give us, we pray,
Your peace in our hearts, Lord, at the end of the day.

The President says a prayer of preparation of the table.

President God of our journey,
as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

All **Amen.**

THE EUCHARISTIC PRAYER

President The Lord is here.
All **His Spirit is with us.**

President Lift up your hearts.
All **We lift them to the Lord.**

President Let us give thanks to the Lord our God.
All **It is right to give thanks and praise.**

President It is indeed right,
it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ your Son our Lord.
And now we give you thanks
because he was tempted in every way as we are, yet did
not sin.

By his grace we are able to triumph over every evil,
and to live no longer for ourselves alone,
but for him who died for us and rose again

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and singing:

SANCTUS & BENEDICTUS

St Anne's Mass

All **Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna, in the highest.
Blessed is he, O blessed is he
who comes in the name of the Lord.
Hosanna in the highest;
Hosanna in the highest.**

President

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of
sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious
ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.

Christ is the bread of life:

All

**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

President

Accept through him, our great high priest,
this our sacrifice of thanks and praise,

and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit,
inspire us with your love
and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

All **Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

THE LORD'S PRAYER

President Lord, remember us in your kingdom
as we pray in the words you gave us.

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

BREAKING OF THE BREAD

The President breaks the consecrated bread

President Every time we eat this bread
and drink this cup,
All we proclaim the Lord's death
until he comes.

THE INVITATION

President Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.

AGNUS DEI

St Anne's Mass

All Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace.

ANTHEM

Wash me thoroughly

Samuel Sebastian Wesley (1810-1876)

Text:

*Wash me thoroughly from my wickedness, and forgive me all my sin.
For I acknowledge my faults and my sin is ever before me.
Psalm 51, vv 2,3*

COMMUNION HYMN

I will offer up my life

1 I will offer up my life in spirit and truth,
pouring out the oil of love as my worship to You.
In surrender I must give my every part;
Lord, receive the sacrifice of a broken heart.

*Jesus, what can I give, what can I bring
to so faithful a friend, to so loving a king?
Saviour, what can be said? What can be sung
as a praise of Your name for the things You have done?
Oh, my words could not tell, not even in part,
of the debt of love that is owed by this thankful heart.*

2 You deserve my every breath, for You've
paid the great cost;
giving up Your life to death, even death on a cross.
You took all my shame away, there defeated my sin,
opened the gates of heaven and have beckoned me in.

Jesus, what can I give...

PRAYER AFTER COMMUNION

President Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and
living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

All Amen.

All **Almighty God,**
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.

**Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

THE DISMISSAL

The notices

THE BLESSING

President The Lord be with you.
All **And also with you.**

President May the Father,
 who does not despise the broken spirit,
 give to you a contrite heart.
All **Amen.**

President May Christ,
 who bore our sins
 in his body on the tree,
 heal you by his wounds.
All **Amen.**

President May the Holy Spirit,
 who leads us into all truth,
 speak to you words of pardon and peace.
All **Amen.**

All And the blessing of God almighty, †
 the Father, the Son, and the Holy Spirit,
 be among you, and remain with you always.
All **Amen.**

RECESSIONAL HYMN

Now thank we all our God NEH 413

1 Now thank we all our God,
With heart and hands and voices,
Who wondrous things hath done,
In whom his world rejoices;
Who from our mother's arms
Hath blessed us on our way
With countless gifts of love,
And still is ours to-day.

2 O may this bounteous God
Through all our life be near us,
With ever joyful hearts
And blessed peace to cheer us;
And keep us in his grace,
And guide us when perplexed,
And free us from all ills
In this world and the next.

3 All praise and thanks to God
The Father now be given,
The Son, and him who reigns
With them in highest heaven,
The One eternal God,
Whom earth and heaven adore;
For thus it was, is now,
And shall be evermore. Amen.

Deacon Go in peace to love and serve the Lord.
All **In the name of Christ.**
 Amen.

VOLUNTARY

Nun danket alle Gott (“Now thank we all our God”)
By Sigfrid Karg-Elert (1877 – 1933)